

Volume Bible Reading Plan to Read the Bible 5 Times a Year

1. Get organized. You can download our spreadsheet version for easier tracking and to keep track on computer. Better yet you can upload the spreadsheet to a cloud drive or cloud storage (i.e. Microsoft OneDrive or Google Drive etc.) so you can log in and keep track from one centralized location versus having the spreadsheet stuck on your computer.
 1. [Volume Bible Reading Plan Read the Bible 3 Times a Year Spread Sheet](#)
 2. [Volume Bible Reading Plan Read the Bible 5 Times a Year Spread Sheet](#)
 3. [Volume Bible Reading Plan Read the New Testament 12 Times a Year](#)
2. Understand that the answers to Bible verses are hidden throughout the Bible like hidden treasure hidden out and across the span of the entire Bible. From Old to New, from New to Old, from Old to Old, from New to New we find the answers to our questions about what just one particular Bible verse means. And each Bible verse has multiple layers of meaning and understanding as you'll discover as well. So unless you pursue knowing the entire Word of God, you will not understand what a particular Bible verse means and you'll be wide open to error and manipulation by Kingdom of Darkness workers who aggressively and relentlessly pursue you. You and I don't want to have anything to do with error when it comes to eternal matters. We want to win the victory, overcome and grow super close to God.
3. We look to use our subconscious mind to read the Bible. And we do not want to use our conscious mind to read the Bible. We want to "turn off" our conscious mind (as much as possible) when we are reading the Bible (which will quite a pleasant relief!) We do not want our conscious mind to start "trying to figure out" the Bible. Our conscious minds are weak and puny compared to the powerful subconscious mind. In fact our subconscious mind is recorded to be 8000 times more powerful than our conscious mind. Is our conscious mind the mind of the flesh? One could argue so. And if we try to interpret the Bible through our flesh we will not be able to do so and anything we do try to interpret will likely be in error. (The flesh is at enmity with God, (if you haven't noticed by experience already also)). But with our subconscious mind I find that we can work with Holy Spirit and our spirit man.
4. The Bible is designed so we need to get to know the entire Bible in order to become what we are commanded to become. Just as you would get to know a best friend or spouse, your friend or spouse, or you don't want people to only know them for part of them, but the whole them while liking and loving everything about them. Have you noticed this in yourself yet? You don't want people who are close to you to put you in a box and only care about part of you do you? Of course not. For example, do you want your spouse to only

love you because you can bring them lots of money while not caring about the rest of who you are or what you like? Of course not. That would be insulting. Now start thinking about how God feels. We are made not only in His image but also likeness. You'll find out more and more what that means as you read the Bible over and over and over again...

5. This is the short version of the plan because the longer version can take over 30 pages to print. So we decided to make this introductory super short version to make this Volume Reading Plan more printable. The longer versions have a lot more explanation if you're interested in that.

6. Reading Method Summary:

1. This is a very brief overview of the plan backed by the Volume Bible Reading System: Start reading. Don't think with your conscious mind. Read with your subconscious mind. Don't try to analyze. Don't try to figure out a verse. Just keep moving forward. If any verse stands out to you mark it by: putting an open circle by it, put a question mark by it, underline it, circle it. Write your questions in the sides space of your Bible. Do that quickly. Do not stop and try to figure out a Bible verse. Do not stop and activate your conscious mind. Keep moving forward even if you feel like you're doing a terrible job reading because when you go through the Bible a second and third time your comprehension should jump considerably. After you finish reading for the day glance back at the Bible verses that you marked up and the questions you wrote. But only glanced at them for a moment in order to "flash frame" them into your subconscious mind. This means that you glance at the question you wrote or Bible verse in question and you just look at it briefly. Don't think about it with your conscious mind. But you look at it and let it "sink in". You'll have to practice this "subconscious imprinting process" in order to get better at doing it but overall It's pretty easy.
2. Understand that this Volume Bible Reading Plan is based on a Volume Reading System. This Volume Reading System is based on a discovery made by a long time, world class, professional musician when he and the rest of the orchestra were forced to learn a very complex, new piece of music and play it to highest professional Standards in only three readings. And the third reading was the live performance. Through that experience he made a discovery about speed learning that he taught me. And many years later, after I was challenged to read the Bible 3 times in a year I recalled this speed & volume learning method that this fellow taught me. So I applied the concept to reading the Bible for the sake of learning the Bible quickly since the Bible is large and complex. And this speed learning approach worked incredibly well. I expound upon the discoveries and benefits in the longer versions of these Volume Bible Reading Plans you should be able to find on <http://biblereadingsystem.Com/> and in the

Volume Bible Reading System its self. But for now we've condensed the plans to these smaller versions.

"In short what we are looking to do is to read and keep reading while imprinting our questions and verses that stand out to us, verses that we feel like we need to know, into our subconscious minds. Let that "8000 times more powerful" subconscious mind hold our questions indefinitely, in "live state" to be answered by another verse in the Bible, through life experience or directly by God if you have the ears to hear, sometime in the future, automatically... "

How do you use the subconscious mind specifically? Well see our [Bible Reading System](#) course for details but in essence:

Bible Plan Reading Math for the 5x a Year Plan:

- The math: 66 Books of the Bible. $66 \text{ Books} \times \text{Read } 5 \text{ Times} = 330 \text{ Days of Reading}$. This gives you 35.25 days for buffer or break. So basically: read a book of the Bible a day.
- If you get behind. Then simply take extra time out of your regular schedule and catch up. Cancel things if you have to do so. Shift your life priority to getting to KNOW God's Word.
- Technically you could take the following small books and read them in a day or two or over a week depending on your reading ability: Ruth, Song of Solomon, Lamentations, Joel, Obadiah, Jonah, Micah, Nahum, Habakkuk, Zephaniah, Haggai, Malachi, Galatians, Ephesians, Philippians, Colossians, 1 Thessalonians, 2 Thessalonians, 1 Timothy, 2 Timothy, Titus, Philemon, James, 1 Peter, 2 Peter, 1 John, 2 John, 3, John, Jude. For perspective this means that you can catch up or get ahead by reading these books in a short period of time.
- But should you read so many books at once or in a day or two? Or should you read all of the week's reading on the weekend instead of daily? You could but the mind and body get tired after concentrating for so long. Your reading could get sloppy and forced. It maybe harder to form the habit of reading the Bible if you save it up for the weekend. What if something comes up on the weekend? Plus if you don't read daily you'd be missing out on fellowship daily with the Lord unless you spent daily time worshipping, praising and praying. The mind will process much better if you do a little

each week vs trying to cram all at once from my experience but see what works best for you. But bottom line, step up to the challenge and just get the reading done.

- For another approach: You could read for a little while. Take a break as your attention span starts to fade. Then jump right back into reading. Take a break. And so on... That type of cycle too might work well for you.

7. **The Simple Execution Mind State:**

- Just simply execute the plan. Keep a simple mind about doing this Volume Bible Reading Plan. Don't dwell on the plan or how much reading you have to do. Don't waste time or energy thinking worrying about the reading you have to do for the day. Just simply execute instead. Spend your mental and emotional energies into actually executing the plan instead of thinking about executing the plan or instead of thinking about 'the reading you have to do' for the day. Channel, focus your energies into execution. When in doubt, dive in and start reading!
- Do not judge your reading performance! Just keep moving forward. If you "do a bad job" or feel like you totally had no clue about a prior passage and it upsets you, good! Then your subconscious will more likely remember to pay attention and focus more while you are reading that passage in the future while your subconscious works to find more connections for understanding of that passage automatically as you are reading the rest of the Bible. If you keep moving forward, then your reading ability and comprehension should jump significantly the 2nd, 3rd, 4th, 5th.... Time reading.
- Do you understand that there is a spirit realm. And to us this is in the realm of thought. The Kingdom of Darkness certainly doesn't want you reading and knowing the Bible. Why do you think they have been trying to lock it up for centuries through religions and denominational doctrines? So do not be directed by the thoughts that come to your head that try to talk you out of reading the Bible or thoughts that try to get you to do some other thing or to worry about some other thing.. Bringing up worries about this or that thing seems to be a clever and effective tactic by KoD workers. Instead, maybe pretend you are in the military and that you must simply execute your task and that task is to do your reading for the day. And understand that the bad guys will continually, systematically and strategically get you to ignore God, not get to know God, certainly not get to know the Bible, to take it easy and maximize the happiness of your flesh heart in this world, drifting down the broad path, wasting away your destiny.... So pay attention! Choose God. Choose to know God's Word with the act of your will. Get these volume Bible Reading Plans done!
- Understand that the flesh is at enmity with God. Your flesh wants to do the opposite of what God wants. So make sure you're not being led by the feelings of your flesh because your flesh certainly does not want to sit down and read the Bible for 30 to 60 minutes. Your flesh would rather watch TV and eat cupcakes or whatever. Use your will instead to execute your Bible reading for the day. Use your "cerebral mind" (your logical mind) to simply start and finish your task of Bible reading for the day while avoiding your heart's mind which may want to follow after the flesh instead.

- So Don't go by feelings but use your cerebral mind to get yourself to do your reading. But while you are reading use your subconscious mind instead.

8. That's It for this super short version.

Bible Reading Plan 5 Times in a Year Check List

Read a book of the Bible a day. See the reading plan math above for details. You can also down load a spreadsheet version from our site.

<http://biblereadingsystem.com/>

And of course it's very easy to make up one of these charts for yourself on a Word doc or spreadsheet. But do keep organized. Do use the check list sheet and include the date of completion. This will be important for your progress & confidence.

Book of Bible	1st / Date	2nd / Date	3rd / Date	4th / Date	5th / Date
Genesis					
Exodus					
Leviticus					
Numbers					
Deuteronomy					

Joshua					
Judges					
Ruth					
Samuel					
2 Samuel					
Kings					
2 Kings					
Chronicles					
2 Chronicles					
Ezra					

Nehemiah					
Esther					
Job					
Psalms					
Proverbs					
Ecclesiastes					
Song of Solomon					
Isaiah					
Jeremiah					
Lamentations					

Ezekiel					
Daniel					
Hosea					
Joel					
Amos					
Obadiah					
Jonah					
Micah					
Nahum					
Habakkuk					

Zephaniah					
Haggai					
Zechariah					
Malachi					
Matthew					
Mark					
Luke					
John					
Acts					
Romans					

Corinthians					
2 Corinthians					
Galatians					
Ephesians					
Philippians					
Colossians					
Thessalonians					
2 Thessalonians					
Timothy					
2 Timothy					

Titus					
Philemon					
Hebrews					
James					
1 Peter					
Peter					
1 John					
2 John					
3 John					
Jude					

Revelation					